## ROT launch & evening program at rile\*

## 11/11/2023

## **SCHEDULE**

19:00

Launch ROT ISSUE ONE: IMMUNITY, edited by Sara Manente (Varamo Press, 2023). Step into the Limelight (performance) by Natasha Papadopolou

20:00

cocktails by Michelle Anay Woods

dj-set by Roberta Miss

ROT is the catalogue for a community of practices.

ROT is a medicine and a ritual. The prescription for a new therapy.

ROT is a manual without instructions. A map. A party.

ROT touches upon sci-fi doomed scenarios. ROT works within the ruins of the future.

ROT engages in weird beautification processes.

ROT uses mushrooming as a research method.

ROT hosts essays, stories, poetry, interviews, visuals, recipes, horoscopes and more.

ROT is mouldy.

## Step into the Limelight (performance) by Natasha Papadopolou

The performance takes about 20 min. (max. 27 ppl)

Step into the Limelight is a participatory performance and workshop by The Anastasia Method. A series of language and body language sessions drawn from traditions of Reflexology, Kundalini Yoga, Pilates, Acupressure and more. The Anastasia Method uses an allegorical anatomical lexicon to address human physiology. The myoskeletal system, vital organs and energetic vortexes are used in this version breathing, scenting and massage exercises to activate the energy upwards, through the seven main points of the Anastasia Method. The fruits help participants feel their Inspiration Point, activate their Talent Point, open their Emancipation Point, access their Liberation Point, spin their Creation Point, see through their Superior Imagination Point. And through their Radical Acceleration Point shoot up their shine, like a volcano stepping into the spotlight.

**Michelle Woods** is a cook and co-founder of Table Dance; what used to be a restaurant and event space in Antwerp is now a food and performance collective.

Today she will serve a yakult grape sour, inspired by a trip, her bf, and a little Taiwanese resto that has become a franchise!

Roberta Miss aka Nur/Se is an artist and DJ based in Brussels. By layering diversely sourced material such as field recordings and spoken word with heavy beats and experimental tracks selected from a wide range of styles, her sets explore different listening dynamics and sonic narrative territories often linked to current issues and activist struggles.

She is also a founding member of the female collective Poxcat aiming to promote DJs and musicians through the organisation of parties and monthly radio shows.

Sara Manente is a multidisciplinary artist and researcher who promotes collaborative situations in heterogeneous formats. Drawing on the imagery and matter of living cultures and mycelium brought into relation with live arts, her recent projects reflect on the possibility of contamination between pedagogy, research, performance and publication.